## WHAT IS CLAIMED IS:

1. A method for fabricating a nozzle including at least one piece, said method comprising:

forming at least a portion of an exit aperture in at least one piece of the nozzle, wherein the at least a portion of the exit aperture has a first cross-sectional shape; and

forming at least a portion of an inlet aperture in the at least one piece of the nozzle, wherein the at least a portion of the inlet aperture has a second crosssectional shape, and such that a fluid passage formed between the inlet and exit apertures transitions gradually between the first cross-sectional shape and the second cross-sectional shape.

- 2. A method in accordance with Claim 1 wherein forming the at least a portion of the exit aperture further comprises forming at least a portion of the exit aperture using an electro-discharge machining process.
- 3. A method in accordance with Claim 1 wherein forming at least a portion of an inlet aperture further comprises forming the fluid passage using an electro-discharge machining process.
- 4. A method in accordance with Claim 1 wherein forming the at least a portion of the exit aperture further comprises extending a portion of the exit aperture along an axial length of the nozzle such that the second cross-sectional shape remains substantially constant for a distance.
- 5. A method in accordance with Claim 1 further comprising forming a starter hole within a piece of stock material prior to forming the at least a portion of the exit aperture.
- 6. A method in accordance with Claim 1 further comprising coupling a first piece of the nozzle to a second piece of the nozzle.

## 7. A nozzle, comprising:

- a body comprising a first end, a second end, and a fluid passage extending therebetween,
- a first portion of said fluid passage having a first cross-sectional shape, and
- a second portion of said fluid passage having a second cross-sectional shape, said second cross-sectional shape selected such that fluid discharged from said second portion has a pre-selected cross-sectional discharge pattern.
- 8. A nozzle in accordance with Claim 7 wherein a cross-sectional shape of said fluid passage transitions gradually from said first cross sectional shape to said second cross sectional shape.
- 9. A nozzle in accordance with Claim 7 wherein said fluid passage second portion extends an axial distance from at least one of said body first and second ends towards said first portion.
- 10. A nozzle in accordance with Claim 7 wherein said fluid passage is fabricated using a machining process.
- 11. A nozzle in accordance with Claim 10 wherein said fluid passage is formed using an electro-discharge machining process.
  - 12. A nozzle in accordance with Claim 7 wherein said nozzle is formed from at least one block of stock material.
- 13. A machining system for machining a component, said machining system comprising:
- a tool having an exterior shape for use in machining at least a portion of the exterior shape of the component;

a component mounting fixture that holds the component during machining; and

a coolant flow nozzle comprising a body, a first end, a second end, and a fluid passage extending therebetween, a first portion of said fluid passage having a first cross-sectional shape, and a second portion of said fluid passage having a second cross-sectional shape, said second cross-sectional shape selected so that fluid discharged from said second portion has a pre-selected cross-sectional discharge pattern.

- 14. A machining system in accordance with Claim 13 wherein said cross-sectional shape of said flow nozzle fluid passage transitions gradually from said first cross sectional shape to said second cross sectional shape.
- 15. A machining system in accordance with Claim 13 wherein said flow nozzle second cross-sectional shape extends an axial distance at least partway between said nozzle first and second portions.
- 16. A machining system in accordance with Claim 13 wherein said coolant flow nozzle fluid passage is formed using a machining process.
- 17. A machining system in accordance with Claim 13 wherein said coolant flow nozzle is formed from a single block material.
- 18. A machining system in accordance with Claim 13 wherein said coolant flow nozzle is fabricated from a plurality of blocks of material.
- 19. A machining system in accordance with Claim 13 wherein said coolant flow nozzle is removably coupled to a movable structure that holds the tool during machining such that the nozzle moves in tandem with the tool during machining of the component.
- 20. A machining system in accordance with Claim 13 further comprising a second coolant flow nozzle positioned to discharge cooling fluid towards the component during machining.